



BOXED LUNCHES

wrap or sandwich,
chips, cookie & water

\$13.99 in box

\$12.99 no box

WRAP OR SANDWICH LUNCH PACKAGE

PACKAGE 1

wrap or sandwich, family-style salad,
chip, cookie & water

\$15.99 per person

PACKAGE 2

wrap or sandwich, two family-style salads,
chip, cookie & water

\$17.99 per person

make any wrap or sandwich on a gluten free roll +\$1.25

custom packages available

ADDITIONAL SIDE SALADS

80oz serves 10-15

regular \$34.99

160oz serves 17-26

large \$54.99



WRAPS

make any wrap gluten-free on a gluten-free roll +\$1.25

APRICOT CHICKEN ^{DF}

with apricots, quinoa & honey aioli

CURRY CHICKEN SALAD ^{DF}

with cranberries, celery and curry aioli

BASIL PESTO CHICKEN SALAD

with basil pesto aioli

DILL CHICKEN SALAD ^{DF}

with cranberries, celery and dill aioli

BUFFALO CHICKEN ^{DF}

with celery & carrots tossed in buffalo aioli

HAM & CHEDDAR

with lettuce & tomato

CHICKEN CAESAR

with bacon, asiago cheese & Caesar dressing

PROTEIN PACKED CLASSIC TUNA ^{DF}

eggs, tuna, celery, scallions & house aioli

CHICKEN PARMESAN

breaded chicken with marinara & mozzarella cheese

TURKEY RANCH

with turkey, bacon, swiss, ranch packet

CHICKEN WALDORF ^{DF}

with cranberries, celery & honey aioli

TURKEY SWISS

with lettuce & tomato

Our Most Popular

VEGETARIAN / VEGAN

BUFFALO TOFU ^{Vegan}

with carrots, celery
& buffalo sauce

CHICKPEA WALDORF ^{Vegetarian}

with chickpeas, cranberries,
celery & honey aioli



SANDWICHES

on choice of roll or sliced whole wheat bread

HAM & CHEDDAR

lettuce, mayo, mustard & onion

ITALIAN ASSORTED

ham, provolone, salami & pesto aioli

TURKEY & SWISS

lettuce, mayo, mustard & onion

make any wrap a sandwich



DRINKS

\$2.00 each

COKE

DIET COKE

SPRITE

BOTTLED WATER

FRUIT PLATTER

served with
yogurt dipping sauce

small \$39.99

serves
up to 10

medium \$59.99

serves
10-20

large \$69.99

serves
20-40

DESSERTS

Gluten-Free

RICE CRISPY TREATS

\$1.99 each

CHOCOLATE CHIP COOKIE PLATTER

1 dozen

2 dozen

3 dozen

additional cookies: .99¢



SIDE SALADS

served family style

individual entrée size

\$12.99 per person

80oz serves 8-12

small \$34.99

96oz serves 12-16

medium \$45.99

160oz serves 18-26

large \$54.99

add chicken or tofu for \$4.99 per person

**Vegan
Dairy-Free
Gluten-Free**

GARDEN

romaine, spring mix,
tomatoes, cucumbers,
matchstick carrots, with
balsamic dressing on the side

**Vegetarian
Dairy-Free
Gluten-Free**

APPLE & CRANBERRY

romaine, spring mix,
apples, cranberries,
sliced almonds, sunflower seeds,
tossed with apple cider vinaigrette

POWER

power slaw, romaine
grape tomatoes,
with croutons on the side

Our Most Popular

Vegetarian

SUNFLOWER CAESAR

romaine, asiago cheese,
sunflower seeds, tomatoes,
with Caesar dressing on the side

CAESAR

romaine tossed with bacon,
parmesan & croutons,
with Caesar dressing on the side

PASTA SALADS

GREEK PASTA SALAD

*with roasted red peppers, artichokes,
Greek dressing & feta*

MACARONI SALAD

*with celery, red onion,
carrots & mayo*

